

PROGETTO

CRESCERE

L'ARCOBALENO
SERVIZI



Cooperativa Sociale

Progetto Crescere Social Cooperative

Progetto Crescere is a Social Cooperative (no-profit organization) born in 2014 by the union of two other Social Cooperatives: *L'Arcobaleno Servizi* and *Centro Mazzaperlini*.

Progetto Crescere provides diagnostic, rehabilitative, pedagogical and counseling services to families (children, adolescents, parents), adults and couples for psychological, educational, pedagogical and speech needs. These services are mainly private, but it is active also an agreement with the **National Health Service**.

Progetto Crescere offers also supervisions, training and counseling services to teachers, educational professionals, schools and communities for disabled or aged people.



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The mission

Progetto Crescere's mission is to recognize and support the **individual unicity** and to provide a **complex understanding of people needs** (from a health, psychological and socio-pedagogical point of view), in order to promote people well-being.

Moreover, Progetto Crescere works for the dissemination of a prevention and well-being promotion culture.

The main principles guiding our work

The main principles guiding our work are three:

- 1) **Centrality of the care service**, by supporting the person during his lifetime and in his relational context, not only removing the symptoms, but also strengthening his qualities;
- 2) **Promotion of social well-being**, through a prevention culture and the promotion of a sustainable and respectful environment;
- 3) **Consumer guarantee**, thanks to the services efficiency as regards quality, quantity and costs.

The Services Professionals

Progetto Crescere staff is composed by specialists with a rich professional experience in their respective fields.

A multi-professional team, composed by child neuropsychiatrists, psychiatrists, psychologists, psychotherapists, educators, speech therapists and specialists in psychomotricity, characterizes Progetto Crescere.

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Our services

Child and Adolescent Neuropsychiatry



Assesses children and adolescents neurological and psychiatric disorders, with a particular attention to disable people in all their lifetime.

Provides:

- Rehabilitative training for children and adolescents with learning disabilities
- Psychomotricity training for children with motor disorders
- Screening and speech therapies for children with communication disorders
- Cognitive Strengthening training for children with intellectual disabilities
- Attention training for children with Attention deficit/Hyperactivity disorders
- Coping Power Program for children and adolescents with anxiety/depressive/obsessive/behavior disorders
- Assessment for others neurological disorders

Psychotherapy services



Assesses psychological problems, read as temporary difficulties in face new situations or new roles, through different psychotherapy approaches (cognitive-behavioral, family-systemic and psychodynamic).

Provides:

- Attachment assessment for parent-child relationship
- Art therapy and dance-movement therapy for children
- Psychotherapy treatment for adolescents and adults



Family Counselling and Psychological services

Assesses specific needs of families who are crossing difficult transitions (conflicts, separation, divorce)

Provides:

- Support in conflict handling
- Assessment of parental skill
- Parent counseling in separation or divorce
- Forensic Psychology in support of lawyer clients

Community Psychology



Provides:

- Counseling, training and supervision for organizational contexts
- Counselling, training and supervision for communities of minor, aged or disable people
- Training courses for parents
- Support treatment for families

Psycho-pedagogical Projects



Offers to schools different projects:

- Psychological counseling for teachers, parents and students
- Sexuality and affectivity projects
- Bullying prevention projects
- Healthy utilization of new technologies projects
- Screening of learning prerequisite and rehabilitation training
- Dependence prevention
- Negative emotions control projects

Offers to teachers different training projects:

- Learning disabilities
- Cooperative Learning
- Behavior problems
- Attention difficulties
- School dropout

Study support



Provides:

- Tutoring projects on daily homework
- Study method training
- Introduction of compensative informatics instruments

European Project Management



Provides:

- Training courses (KA1 Erasmus Plus)
- Strategic Partnership Projects (KA2 Erasmus Plus)